



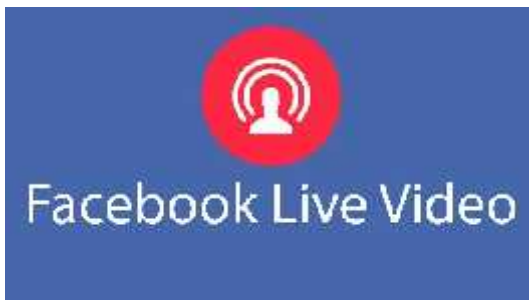
One Christ-One Commission-One Commandment  
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TODAY AFTER  
THE SERVICE.



Help spread the Word!  
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**July 22, 2018**  
**Overcoming Worry**  
Matthew 7:25-34

### How to overcome Worry

1. Understand that Jesus \_\_\_\_\_

"Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing?"

2. Take comfort in the fact that you God will take care of you because \_\_\_\_\_

"Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they?"

**3. Settle the issue that worrying \_\_\_\_\_**

“Which of you by worrying can add one cubit to his stature?”

**4. Realize that worry reflects a \_\_\_\_\_**

“Now if God so clothes the grass of the field, which today is, and tomorrow is thrown into the oven, *will He* not much more *clothe* you, O you of little faith?”

**5. Approach worry as a \_\_\_\_\_**

“Therefore do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ <sup>32</sup> For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things.”

“Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.” Philippians 4:6-7

<https://overcast.fm/itunes1407852423/encounter>

**6. Seek God’s Kingdom \_\_\_\_\_**

“But seek first the kingdom of God and His righteousness, and all these things shall be added to you.”

**7. Learn to live \_\_\_\_\_**

“Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day *is* its own trouble.”



New Message Series Starts in Two weeks



**August 5**

Let Pastor Gary or Joanna know if you are wanting to be baptized or if you have questions.



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