

# Christ Street Fellowship

One Christ-One Commission-One Commandment



## Our Mission

### ONE WAY

In a spiritually confused world we will bring the truth that there is only one way to know God, and that is through Jesus Christ, the Savior of the world.

### BRING OTHERS

In an often distracted church we will prioritize telling others the good news about Jesus and mentoring those who want to grow deeper in their Christian Faith. "Now go out to the Street corners and invite everyone you see." Matthew 22:9

### ENJOY THE JOURNEY TOGETHER

In an increasingly isolated society we will love God, love others and build a healthy, life-giving Christian Fellowship.

### Visiting with us today?

Please stop by the Visitor Center before you leave today, we would love to meet you and we also have a gift for you!

### Next Steps

If you want to know more about getting connected go to <http://www.christstreetfellowship.org/get-connected/> or ask at the Visitor's Center

You can contact us at: 720-556-4092  
Christstreetfellowship.org  
Follow us on Facebook!

Seven Deadly Sins	Seven heavenly Virtues
LUST	CHASTITY
GLUTTONY	TEMPERANCE
GREED	CHARITY
SLOTH	DILIGENCE
WRATH	PATIENCE
ENVY	KINDNESS
PRIDE	HUMILITY

## SE7EN

July 24, 2016

## Growing in the virtue of Temperance

Gluttony is defined as "An inordinate desire to consume more than that which one requires."

### What's wrong with gluttony?

1. It poisons your \_\_\_\_\_
2. It masks \_\_\_\_\_ and prevents them from being addressed.  
"For the drunkard and the glutton will come to poverty, and drowsiness will clothe a man with rags." Proverbs 23:21
3. It encourages \_\_\_\_\_  
"There was a rich man who was dressed in purple and fine linen and lived in luxury every day. At his gate was laid a beggar named Lazarus, covered with sores and longing to eat what fell from the rich man's table. Even the dogs came and licked his sores." Luke 16:19-21

### What are some of the causes of gluttony?

1. The distortion caused by sin

2. \_\_\_\_\_
3. Emotional triggers
4. Faulty, irrational thinking
5. Spiritual \_\_\_\_\_

**The antidote to gluttony... the virtue of temperance**

The antidote to Gluttony is not abstinence, it is temperance—deliberately reducing our use of pleasurable things.

“Everything is permissible for me – but not everything is beneficial. Everything is permissible for me – but I will not be mastered by anything. Food for the stomach and the stomach for food – but God will destroy them both.” 1 Corinthians 6:12

**Key: Desire to be mastered by the God of the Universe and not by the god of pleasure.**

“...have been given to us exceedingly great and precious promises, that through these you may be partakers of the divine nature, having escaped the corruption *that is* in the world through lust...But also for this very reason, giving all diligence, add to your faith virtue, to virtue knowledge, to knowledge self-control...” 2 Peter 1:2-9

“But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control.” Galatians 5:22-26

**To grow in the virtue of temperance**

1. Grow in \_\_\_\_\_  
 “Then Jesus declared, ‘I am the bread of life. He who comes to me will never go hungry, and he who believes in me will never be thirsty.’” John 6:35
2. Learn to recognize your \_\_\_\_\_
3. Get help \_\_\_\_\_

4. Depend on the power of the \_\_\_\_\_

“So I say, live by the Spirit, and you will not gratify the desires of the sinful nature.” Galatians 5:16







